



**LET'S TALK**  
*Stansted!*

[www.stanstedmentalhealth.org](http://www.stanstedmentalhealth.org)  
[contact@stanstedmentalhealth.org](mailto:contact@stanstedmentalhealth.org)

# Welcome

- The event is being recorded.
  - Zoom controls.
- Time for Questions At The End.
- Introducing Steering Committee.



LET'S TALK  
*Stansted!*

# Summary of the Initiative

- Our Goals:
  - Save lives!
  - Offer '1<sup>st</sup> Aid' listening & signposting services.
  - Create and/or support community groups for those with mental health worries and their families.
- Steering Committee.
- Council Contacts & Representation.
- Links with local and regional mental health services.



# Business & Organisation

- Limited Liability Company set up as a Community Interest Company (CIC)
  - A legal body run by volunteers
  - Community benefits from our work
  - Non profit
  - No remuneration for directors
  - Accountable to the community
  - Asset Locked (can only benefit the community)
  - CIC Annual Report submitted to the CIC Regulator



# Charitable Status

- Pros & Cons
  - More credibility / prestige with the community
  - Access to charity funding sources
  - Tax breaks (capital gains, gift aid etc)
  - Board of Trustees
  - Charity regulation and reporting
  - Less flexibility to 'trade'

Will be considered formally at a future date.



# Ongoing Business Needs

- Company set up – IN PROGRESS
- Accounting – A Wilson Accounting
- Governance – processes and procedures
- Bookkeeping – day to day money management, expenses etc.
- Legal & Insurance
- Safeguarding – protecting volunteers and those they work with
- Record keeping (privacy, GDPR etc.)
- Publicity – PR, media links, crisis management
- Reporting (regulators, council, community)



LET'S TALK  
*Stansted!*



**LET'S TALK**  
*Stansted!*

[www.stanstedmentalhealth.org](http://www.stanstedmentalhealth.org)  
[contact@stanstedmentalhealth.org](mailto:contact@stanstedmentalhealth.org)